NOVEMBER POOL SCHEDULE

TIME	SUN	MON	TUES	WED	THURS	FRI	SAT
7:00 AM	CLOSED	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	CLOSED
7:30 AM	CLOSED	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	CLOSED
8:00 AM	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
8:30 AM	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
9:00 AM	Learn to Swim & Lap Swim	Learn to Swim & Lap Swim	Learn to Swim & Lap Swim	Learn to Swim & Lap Swim	Learn to Swim & Lap Swim	Learn to Swim & Lap Swim	Learn to Swim & Lap Swim
9:30 AM	Learn to Swim & Lap Swim	Learn to Swim & Lap Swim	Learn to Swim & Lap Swim	Learn to Swim & Lap Swim	Learn to Swim & Lap Swim	Learn to Swim & Lap Swim	Learn to Swim & Lap Swim
10:00 AM	Learn to Swim & Lap Swim	Learn to Swim & Lap Swim	Learn to Swim & Lap Swim	Learn to Swim & Lap Swim	Learn to Swim & Lap Swim	Learn to Swim & Lap Swim	Learn to Swim & Lap Swim
10:30 AM	Learn to Swim & Lap Swim	Learn to Swim & Lap Swim	Learn to Swim & Lap Swim	Learn to Swim & Lap Swim	Learn to Swim & Lap Swim	Learn to Swim & Lap Swim	Learn to Swim & Lap Swim
11:00 AM	Learn to Swim & Lap Swim	Learn to Swim & Lap Swim	Learn to Swim & Lap Swim	Learn to Swim & Lap Swim	Learn to Swim & Lap Swim	Learn to Swim & Lap Swim	Learn to Swim & Lap Swim
11:30 AM	Learn to Swim & Lap Swim	Learn to Swim & Lap Swim	Learn to Swim & Lap Swim	Learn to Swim & Lap Swim	Learn to Swim & Lap Swim	Learn to Swim & Lap Swim	Learn to Swim & Lap Swim
12:00 PM	Learn to Swim & Lap Swim	MAINTENANCE	MAINTENANCE	MAINTENANCE	MAINTENANCE	MAINTENANCE	Learn to Swim & Lap Swim
12:30 PM	Learn to Swim & Lap Swim	MAINTENANCE	MAINTENANCE	MAINTENANCE	MAINTENANCE	MAINTENANCE	Learn to Swim & Lap Swim
1:00 PM	Learn to Swim & Lap Swim	MAINTENANCE	MAINTENANCE	MAINTENANCE	MAINTENANCE	MAINTENANCE	Learn to Swim & Lap Swim
1:30 PM	Learn to Swim & Lap Swim	MAINTENANCE	MAINTENANCE	MAINTENANCE	MAINTENANCE	MAINTENANCE	Learn to Swim & Lap Swim
2:00 PM	Lap Swim & Lanes Being Rented	MAINTENANCE	MAINTENANCE	MAINTENANCE	MAINTENANCE	MAINTENANCE	Lap Swim & Lanes Being Rented
2:30 PM	Lap Swim & Lanes Being Rented	MAINTENANCE	MAINTENANCE	MAINTENANCE	MAINTENANCE	MAINTENANCE	Lap Swim & Lanes Being Rented
3:00 PM	Lap Swim & Lanes Being Rented	Learn to Swim & Lap Swim	Learn to Swim & Lap Swim	MAINTENANCE	MAINTENANCE	MAINTENANCE	Lap Swim & Lanes Being Rented
3:30 PM	Lap Swim & Lanes Being Rented	Learn to Swim & Lap Swim	Learn to Swim & Lap Swim	MAINTENANCE	MAINTENANCE	MAINTENANCE	Lap Swim & Lanes Being Rented
4:00 PM	Lap Swim	Learn to Swim & Lap Swim	Learn to Swim & Lap Swim	Learn to Swim & Lap Swim	Learn to Swim & Lap Swim	Learn to Swim & Lap Swim	Lap Swim
4:30 PM	Lap Swim	Learn to Swim & Lap Swim	Learn to Swim & Lap Swim	Learn to Swim & Lap Swim	Learn to Swim & Lap Swim	Learn to Swim & Lap Swim	Lap Swim
5:00 PM	Lap Swim	Learn to Swim & Lap Swim	Learn to Swim & Lap Swim	Learn to Swim & Lap Swim	Learn to Swim & Lap Swim	Learn to Swim & Lap Swim	Lap Swim
5:30 PM	Lap Swim	Learn to Swim & Lap Swim	Learn to Swim & Lap Swim	Learn to Swim & Lap Swim	Learn to Swim & Lap Swim	Learn to Swim & Lap Swim	Lap Swim
6:00 PM	CLOSED	Learn to Swim & Lanes Being Rented	Learn to Swim & Lanes Being Rented	Learn to Swim & Lanes Being Rented	Learn to Swim & Lanes Being Rented	Learn to Swim & Lanes Being Rented	CLOSED
6:30 PM	CLOSED	Learn to Swim & Lanes Being Rented	Learn to Swim & Lanes Being Rented	Learn to Swim & Lanes Being Rented	Learn to Swim & Lanes Being Rented	Learn to Swim & Lanes Being Rented	CLOSED
7:00 PM	CLOSED	Learn to Swim & Lanes Being Rented	Learn to Swim & Lanes Being Rented	Learn to Swim & Lanes Being Rented	Learn to Swim & Lanes Being Rented	Learn to Swim & Lanes Being Rented	CLOSED
7:30 PM	CLOSED	Learn to Swim & Lanes Being Rented	Learn to Swim & Lanes Being Rented	Learn to Swim & Lanes Being Rented	Learn to Swim & Lanes Being Rented	Learn to Swim & Lanes Being Rented	CLOSED

22- Remsen Street St #40 Cohoes, NY 12047 info@joingateway.org
(888) 902-9975
Pool Availability May Vary Depending on Events

SCHEDULE START TIME
6:00 AM
7:00 AM
8:00 AM
9:00 AM
10:00 AM
11:00 AM
12:00 PM
1:00 PM
2:00 PM
3:00 PM
4:00 PM
5:00 PM
6:00 PM
7:00 PM
8:00 PM
9:00 PM
10:00 PM
11:00 PM
12:00 AM
1:00 AM
2:00 AM
3:00 AM
4:00 AM
5:00 AM

TIME INTERVAL
10 MIN
15 MIN
20 MIN
30 MIN
45 MIN
50 MIN
60 MIN
75 MIN
90 MIN
120 MIN